



MASTER STAFFING, INC.



COMPETENCY SKILLS CHECKLIST

CERTIFIED NURSING ASSISTANT (CNA) - BASIC SKILLS VALIDATION

Last Name

First Name

Middle Name/Initial

Instructions: Please check appropriate box. Each skill must have 1 of the 5 choices marked.

- Key Guidelines:
- A** – No Experience
 - B** – Training/Minimal Experience, Needs Supervision
 - C** – Adequate Experience
 - D** – Sufficient Skill to Perform without Supervision
 - E** – Proficient in Performing Skill

	A	B	C	D	E
Personal hygiene					
Oral hygiene					
Denture care					
Specimen collection					
Urine					
Stool					
Sputum					
BP					
Weight					
Intake and output					
Measure intake					
Measure output					
Nutrition					
Feeding					
Signs / Symptoms of dysphagia					
Dressings					
Binders					
Bandages					
Therapeutic stocking					
Activity					
Dangle					
Assist to chair / commode					
Ambulation					
Walker					
Cane					
Wheelchair					
Braces					
Transfers					
Weight bearing					
Non-weight bearing					
Exercise and positioning					
Range of motion					
Bath					
Bed					
Shower					
Tub					



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	A	B	C	D	E
Backrub					
Skin / Decubitus care					
Hair care					
Nail care					
Bedmaking					
Occupied bed - linen change					
Unoccupied bed – linen change					
Turn patient					
Bowel and bladder elimination					
Bedpan / Urinal					
Care of incontinent patient					
Stoma care (Colostomy / Ileostomy)					
Bladder / Bowel training					
Maintenance programs					
Catheter care - Urinary					
Closed system					
Empty drainage bag					
Perineal hygiene					
External catheter					
Care of the dying patient					
Prosthesis care					
Limbs					
Eye					
Hearing aid					
Dentures					
Other					
Documentation					
Recognizes / Reports condition change					
Isolation					
Blood collection					
Tracheostomy care					
Blood glucose testing					

Employee's Signature

Date

Verified & Checked by Director of Nursing, Master Staffing, Inc.

Date