



Master Staffing, Inc. *Professional Nursing Care & Services*

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COMPETENCY SKILLS CHECKLIST

MATERNAL CHILD UNIT

Name (please print): _____

Instructions: Please check appropriate box. Each basic skill must have one (1) the five (5) experience choices marked.

- Key Guidelines:
- A – No Experience
 - B – Training/Minimal Experience, Needs Supervision
 - C – Adequate Experience
 - D – Sufficient Skill to Perform without Supervision
 - E – Proficient in Performing Skill

	A	B	C	D	E
Assist with					
Rupture of membranes					
Anesthesia					
Delivery					
External version					
Cesarean section					
Tubal ligation					
Labor assessment / Fetal monitoring assess labor status					
Vaginal exam (station, effacement, dilation, fetal presentation/position, sterile speculum exam)					
Assess for rupture of membranes nitrazine					
Fern test					
Collect vaginal cultures					
Perform Leopold's maneuvers					
Auscultate fetal heart rate (Fetoscope / Doppler)					
Apply external fetal monitor					
Test machine, Doppler, Toco					
Internal monitors					
Intrauterine pressure catheter					
Identify normal FHR patterns					
Identify and treat abnormal FHR					
Early deceleration					
Assist with amnioinfusion					
Perform amnioinfusion					
Anticonvulsants					
Labor suppressants					
Complications of pregnancy					
HELLP syndrome					

	A	B	C	D	E
Hypertension					
Preeclampsia					
Abruptio placenta					
Multiple gestation					
Twins					
Triplets					
Quadruplets					
Malpresentations					
Diabetes					
Cardiac disease					
Asthma					
HIV					
HBV					
Chorioamnionitis					
Pyelonephritis					
Hemorrhage					
Sickle cell disease					
Hemolytic anemias					
Hyperthyroidism					
RH disease					
Collagen vascular disease					
Postpartum					
Fundal height / consistency					
Lochia amount / color					
Bladder distension					
Episiotomy assessment					
Post cesarean care					
Post anesthesia care					
Epidural					
Spinal					
General					
Local					
Duramorph					
Patient controlled analgesia					
Rhogam admin. / teaching					
Sitz bath / other perineal care					
Discharge teaching					
Drug therapy					
Pitocin					
Terbutaline					
Ritodrine					
MgSO ₄					
Rhogam					
Procedure					
Non-stress test					
Stress test					

	A	B	C	D	E
Sonogram					
Lab samples					
Fetal scalp					
Umbilical blood					
Miscellaneous					
Mother to infant identification					
Equipment					
Breast pump					
Fetal monitor					
Incubator					
Infant care					
Apgar score					
Assessment					
Meconium stain interventions					
Resuscitation					
Suctioning					
Eye prophylaxis / Vitamin K					
Bath					
Breast feeding					
Circumcision care					
Cord care					
Phototherapy					
Promote bonding					

Employee's Signature

Date

Verified & Checked by Master Staffing, Inc.

Date